

**LINCOLN LACROSSE ASSOCIATION INC.
COACHES APPLICATION**

for the season ____/____

Name: _____

Address: _____

City: _____ Postal Code: _____

Home Phone: _____ Business Phone: (if desired) _____

Do you have any children playing in our association? If YES (complete below) NO

Name: _____ **Division:** _____

Name: _____ **Division:** _____

Name: _____ **Division:** _____

Name: _____ **Division:** _____

Have you ever coached lacrosse? YES NO

Previous team coached: _____ **Division:** _____

Previous team coached: _____ **Division:** _____

What coaching levels do you presently hold:

Level 1

Level 2

Level 3

Would you be prepared to upgrade your coaching level? YES NO

Team Desired:

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

Have you ever played lacrosse? YES NO

Levels of Play (House League, Rep) Division (Tyke, Novice, Peewee, Bantam, Midget, Intermediate, Junior, Masters, etc.)

Personal References: List 2

Please feel free to add any information to the application that you feel would be advantageous to coaching lacrosse.

Should my application be accepted and approved by the Lincoln Lacrosse Association, I will agree to abide by and follow the LLA and OLA constitution, bylaws and executive directives. I further agree to commit myself to teach sportsmanship and fair play within all my players. I will be a good role model that all my players can look up to.

EXPECTATIONS OF A COACH

1. I will be responsible when scheduling games and practices, remembering that young athletes have other interests and obligations.
2. I will help my athletes to develop positive attitudes of sportsmanship and to respect the rules, officials and opponents.
3. I will teach my athletes the skills of lacrosse.
4. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
5. I will keep an open line of communication with the parents.
6. I will make sure that equipment and facilities are safe and match the athletes' ages and abilities.
7. I will remember that children need a coach they can respect. I will be generous with praise and set a good example.
8. I will obtain proper training and continue to upgrade my coaching skills.

Please note and sign as your submission to the following:

- A) I hereby agree to adhere to all rules and regulations set forth by the LLA and / or its convenors and committees.
- B) I also agree to release and forever discharge the LLA and its agents and assigns and all officers of said executive from any and all actions, claims and demands for damages, loss or injury, however arising, which may hereafter be sustained by myself and waive all rights thereto.
- C) I acknowledge that as a coach or trainer I must have the required levels as mandated by the Ontario Lacrosse Association.
- D) Upon written notification that I have been accepted as Head Coach, I will submit an application for each name as Assistant coach, Trainer and Manager (if applicable). Sons or daughters of mine and all my nominees for the above must be approved by the league prior to signing with the team.

Date: _____
Signature: _____

Application Deadline: January 15
to be sent to

Lincoln Lacrosse Association
ATTENTION: Coaching Committee
P.O. Box 748
Vineland, ON L0R 2C0
or emailed to LincolnLacrosse@hotmail.com