

Social Stories

Social Stories are a great way to tell a child with autism about details of an upcoming event that might be new, unusual or complex. This is a very well used tool with my seven year old son. I would recommend use of this tool to help your child with autism get through his day, which may be at least ten times more difficult for him/her than an average, typically developing child, because of the many difficulties and challenges he brings along with him/her while at home, school, community or during a trip. Accompanying pictures, if possible, help tremendously but if pressed for time, words written on a paper and read to him /her will significantly reduce the anxiety that he he/she might go through during the day. Introduction to social stories about common situations can be found at this site:

<http://www.polyxo.com/socialstories/>.

Please contact me at bsangma@cogeco.ca if you need help writing social stories for your child.